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## The QLIM study

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This thesis provides information on a study on the physical fitness of children with cancer during and shortly after cancer treatment. It presents the design and effects of a new 12-week intervention program, which includes physical exercise and psychosocial training sessions. In addition, this thesis gives insight into the cost-effectiveness of the program and the willingness of children and their parents to participate in the trial.

Katja Braam is a health scientist at the VU University Medical Center, with specific interest in health care innovations and interventions aiming to minimize the negative effects of childhood cancer.

THE QLIM STUDY

Improving physical fitness in children with cancer: a steep mountain to climb

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